

SAMPLE ACTIVITY CALENDAR

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|--|--|---|--|
| <p>1</p> <p>2:30pm Movie 3pm Afternoon Tea</p> | <p>2</p> <p>10am Fun & Fitness 11am Gift Shop 2pm Bingo 3pm Tea & Trivia 7pm Documentary</p> | <p>3</p> <p>10am Men's Club 11am Strength Training 2pm Shopping 2:30pm Bridge 3pm Afternoon Tea 7pm Movie</p> | <p>4</p> <p>10am Fun & Fitness 11am Current Events 1pm Outing in Community 3pm Walking Club</p> | <p>5</p> <p>10am Creative Hands 11am Yoga 2pm Reminiscing 3pm Afternoon Entertainment</p> | <p>6</p> <p>10am Catholic Mass 11am Fitness 11am Gift Shop 2pm Bingo 2pm Bean Bags 3pm Happy Hour</p> | <p>7</p> <p>10am Bridge 3pm Music Appreciation and Tea 7pm Movie</p> |
| <p>8</p> <p>2:30pm Movie 3pm Afternoon Tea</p> | <p>9</p> <p>10am Fun & Fitness 11am Gift Shop 2pm Bingo 3pm Tea & Trivia 7pm Documentary</p> | <p>10</p> <p>10am Men's Club 11am Strength Training 2pm Shopping 2:30pm Bridge 3pm Afternoon Tea 7pm Movie</p> | <p>12</p> <p>10am Fun & Fitness 11am Current Events 1pm Outing in Community 2pm Computer Class 3pm Walking Club</p> | <p>13</p> <p>10am Creative Hands 11am Yoga 2pm Pet Therapy 3pm Afternoon Entertainment</p> | <p>14</p> <p>10am Catholic Mass 11am Fitness 11am Gift Shop 2pm Bingo 2pm Bean Bags 3pm Happy Hour</p> | <p>15</p> <p>10am Bridge 3pm Music Appreciation and Tea 7pm Movie</p> |
| <p>16</p> <p>2:30pm Movie 3pm Afternoon Tea</p> | <p>17</p> <p>10am Fun & Fitness 11am Gift Shop 2pm Bingo 3pm Tea & Trivia 7pm Documentary</p> | <p>18</p> <p>10am Men's Club 11am Strength Training 2pm Shopping 2:30pm Bridge 3pm Afternoon Tea 7pm Movie</p> | <p>19</p> <p>10am Fun & Fitness 11am Current Events 1pm Outing in Community 3pm Walking Club</p> | <p>20</p> <p>10am Creative Hands 11am Yoga 2pm Public Library 3pm Afternoon Entertainment</p> | <p>21</p> <p>10am Catholic Mass 11am Fitness 11am Gift Shop 2pm Bingo 2pm Bean Bags 3pm Happy Hour</p> | <p>22</p> <p>10am Bridge 3pm Music Appreciation and Tea 7pm Movie</p> |
| <p>23</p> <p>2:30pm Movie 3pm Afternoon Tea</p> | <p>24</p> <p>10am Fun & Fitness 11am Gift Shop 2pm Bingo 3pm Tea & Trivia 7pm Documentary</p> | <p>25</p> <p>10am Men's Club 11am Strength Training 2pm Shopping 2:30pm Bridge 3pm Afternoon Tea 7pm Movie</p> | <p>26</p> <p>10am Fun & Fitness 11am Current Events 1pm Outing in Community 3pm Walking Club</p> | <p>27</p> <p>10am Creative Hands 11am Yoga 3pm Afternoon Entertainment</p> | <p>28</p> <p>10am Catholic Mass 11am Fitness 11am Gift Shop 2pm Bingo 2pm Bean Bags 3pm Happy Hour</p> | <p>29</p> <p>10am Bridge 3pm Music Appreciation and Tea 7pm Movie</p> |
| <p>30</p> <p>2:30pm Movie 3pm Afternoon Tea</p> | <p>31</p> <p>10am Fun & Fitness 11am Gift Shop 2pm Bingo 7pm Documentary</p> | | | | | |

This is a sample calendar only, as our activities change by the season and availability of community events

